

Client Bill of Rights

PRACTITIONER

Dana Perusse Nyholm
Certified Massage Therapist
Relaxation Advantage
4900 Highway 169 North, Suite 200
New Hope, MN 55428
612-816-0255

TRAINING AND EXPERIENCE

Dana Perusse Nyholm has been in practice since 1998

Minneapolis School Of Massage and BodyWork: 626 hour training program;
Swedish, Esalen, Sports, Pre-/Post-natal, Chair

Further training/workshops include: Lymphatic Massage, Neuromuscular Massage, Body Mobilization and Chair Shiatsu

THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR COMPLEMENTARY AND ALTERNATIVE HEALTHCARE PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY. Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis from a licensed physician, chiropractor, or acupuncture practitioner, or services from a physician, chiropractor, nurse, osteopath, physical therapist, dietitian, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services at any time.

THEORY OF PRACTICE

Relaxation Advantage uses a combination of techniques including but not limited to- pressure, kneading, stretching, and percussion, with the goal of restoring, maintaining and optimizing the physical, mental and spiritual

FEES AND SERVICES

- \$110 for a 90 minute session
- \$85 for an hour session
- \$45 for a half hour session
- \$30 outcall service-metro area (per visit)
- \$1.50 per minute Chair Massage

Check, credit/debit cards (Visa, Mastercard, America Express & Discover) and/or cash payments are accepted. Fees are payable in full at the end of each session. Clients have the right to reasonable notice of changes in services or fees. If you are unable to attend a scheduled session, you agree to provide 24 hour notice to the practitioner whenever possible. The practitioner may charge up to the full session fee for no-shows or sessions canceled without sufficient notice.

- You have the right to complete, current information regarding your assessment and the practitioners treatment plan.
- You have the right to expect courteous, respectful treatment that is free of verbal, physical, or sexual abuse.
- Your records and transactions with the practitioners are completely confidential unless release of the records is authorized by you in writing or as other provided by law. In accordance with MN Statute, Section 144.335, you may request to see and obtain copies of your records.
- You may refuse treatment or any portion of the treatment at any time during your session. If you experience discomfort, or are ill-at-ease, you have an obligation to promptly inform the practitioner. You may terminate a session at any time and for any reason.
- Similar services may be available in the community and you have the right to freely choose among available providers or to change providers at any time.
- Other similar services are available in the community. Possible sources of information are Minnesota Wellness Directory, or the telephone Yellow Pages. You may ask your practitioner and she/he will provide this information to the best of their ability.
- You have the right to expect a coordinated transfer of information should you decide to change providers.
- You may assert any of your rights as state above, without fear of retaliation.
- Minnesota does not currently have state licensing for massage or bodywork

I, _____ acknowledge that I have reviewed a copy of the Complementary and Alternative Health Care Bill of Rights.

Signature _____ Date _____

Complaints may be filed with the

Office of Complementary and Alternative Practice (OCAP)
 Minnesota Department of Health
 Metro Square Building
 St. Paul, MN 55164
 651-282-5623

(If this Number changes, call DOH at 651-215-5822)